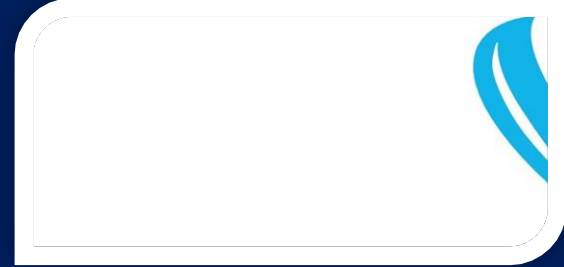




HEC-UK

Higher Education Consortium UK

Collaborate | Connect | Succeed



Collaborate | Connect | Succeed

Running a Successful Agency and Growing your Business

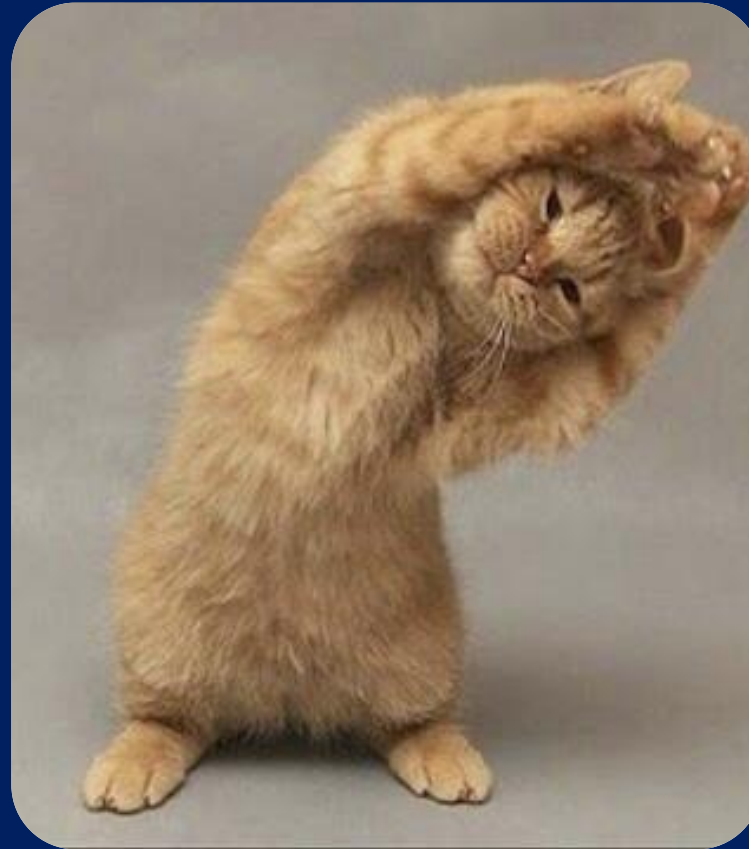


Ideal life Routine



Collaborate | Connect | Succeed

Healthy Life



Exercise

Ideal life Routine

Collaborate | Connect | Succeed

Yoga



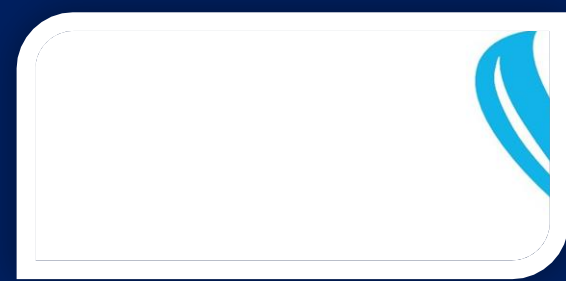
Ideal life Routine

Collaborate | Connect | Succeed

Fresh Fruits and Vegetables



Reality



Collaborate | Connect | Succeed



Question?



Collaborate | Connect | Succeed

Do we really listen to ourselves?

Do we practically apply all the knowledge we have ?

Nine Rules of Success



Collaborate | Connect | Succeed

- 1) Do not **PROCRASTINATE**
- 2) Do it **NOW**
- 3) Avoid **DEPENDENCY**
- 4) Do not **FEAR** Failure
- 5) Do not Sell yourself **CHEAPLY**
- 6) Develop success habit of being **GOAL ORIENTED**
- 7) **VISUALISE** your goal and believe you can attain it.
- 8) **PLAN** your work, and then **WORK** your plan
- 9) Do **NOT** quit

*“**WINNERS** never quit and quitters **NEVER** win”*



Collaborate | Connect | Succeed

Am I really into a listening mode now ?



Mindset of a Winner



Collaborate | Connect | Succeed

Fixed Mindset

Basic abilities, intelligence and talent are fixed traits

Growth Mindset

To get the best out of people, we have to believe that the best is in there.”

John Whitmore, Coaching for Performance

What's Your Mindset

(Pick four statements which you agree with)



Collaborate | Connect | Succeed

- 1) Your Intelligence is something very basic about you which you cant change
- 2) You can learn new things , but you cant really change how intelligent you are
- 3) You are certain kind of a person with certain inborn genes for personality and nothing much really can be done to change this
- 4) No matter how much intelligence you have you can always change it quite a bit
- 5) No matter what kind of a person you are, you can always change yourself
- 6) You can do things differently, but the important part of who you really are, cant be changed
- 7) You can always change things about the kind of personality you are
- 8) You can always substantially change how intelligent you are

What's Your Mindset



Collaborate | Connect | Succeed

Yes	4,5,7,8	Growth Mindset
Yes	1,2,3,6	Fixed Mindset

When do I feel Successful



Collaborate | Connect | Succeed

FIXED MINDSET

OPTION 1 :

- Its when I don't make any mistakes
- When I finish fast and its perfect
- When something is easy for me and others cant do it

(Its about being perfect now)

GROWTH MIND SET

OPTION 2 :

- When something is difficult and I try really hard and I am able to do something which I couldn't do before
- When I have been working on something for a long time and I start to figure it out

(its not about immediate perfection)

Fixed Mindset



Collaborate | Connect | Succeed

- I don't need to learn; I'm smart!
- No one is a close match. I'm perfect
- It's not my fault! Why people don't listen to me.
- People simply can't change, Dealing with people is too hard!
- I can't do it..... I am a failure
- It's too cold, it's too hot, it's too noisy

Growth Mindset



Collaborate | Connect | Succeed

The more I practise the better I get

I don't mind making mistakes as long as I improve

Did I really do my best?

It's the journey that matters!

Let's try again!

The worse I feel, the more motivated I become lets Keep improving!

It's hard work but it's worth it!

How to Work on Growth Mindset



Collaborate | Connect | Succeed

- Avoid low effort syndrome
- Avoid Executive disease
- Start with Inner competition to improve rather external competition
- Am I Improving ?

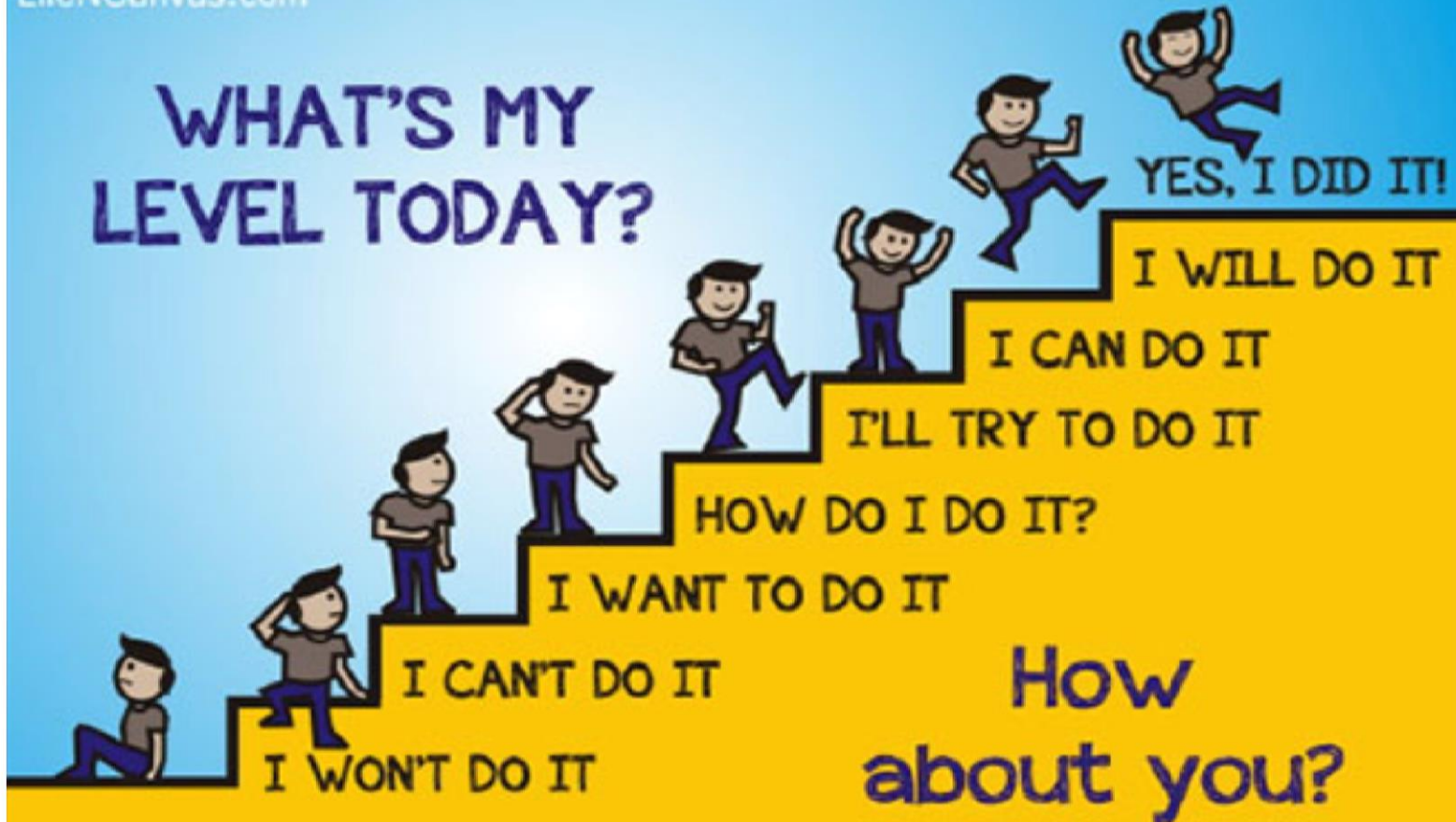
I NEVER LOSEeither I WIN or LEARN

Mindset

Collaborate | Connect | Succeed

LifeNCanvas.com

WHAT'S MY LEVEL TODAY?



How
about you?

QUESTIONS



Collaborate | Connect | Succeed



E: farhan@hec-uk.com

W: www.hec-uk.com